

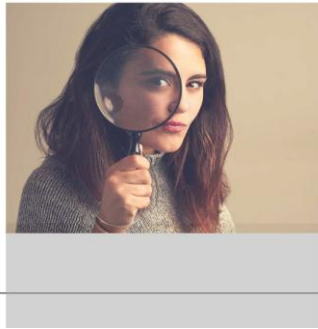
Using the ACT matrix to explore and work with interpersonal processes and self-disclosure

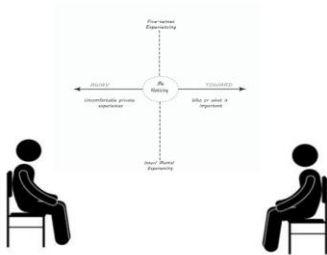


Benjamin Schoendorff, MSc
ACBS Peer reviewed ACT Trainer
Certified Trainer in FAP-University of Washington

Fabián O. Olaz, PhD.
ACBS Peer reviewed ACT Trainer
Certified Trainer in FAP-University of Washington

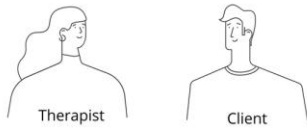
The Point of view



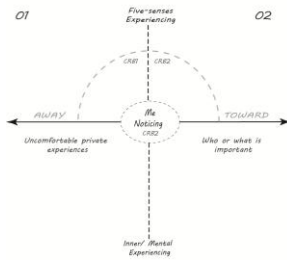




Demonstration of the exercise



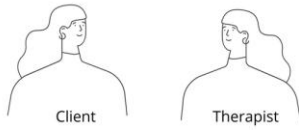
15 minutes of practice
Then come back to the larger group



Schoendorff & Olaz 2020- The interpersonal Matrix



Demonstration of the exercise



15 minutes of practice
Then come back to the larger group





fabidelaarenta@gmail.com
Fabián Olaz, PhD
Fabián Olaz, PhD
www.cipso.com.ar



benji@contextpsy.com
benjischoendorff
https://contextpsy.com/en/

